

The transit of Saturn into the zodiac sign from the house in which planet Moon is located at the time of your birth is known as Saade Saati of Saturn. The Saade Saati of Saturn has three phases: The transit of Saturn into twelfth house from Zodiac sign of birth is called the first phase. The transit into the birth sign is the second phase. The transit into the second sign from the birth sign is the third phase. As Saturn remains for two and half year in each phase that is why it is called Saade Saati. The seven and half years are never always unlucky only. The favourableness and unfavourableness of Saturn depends upon its relations (friendly/enemy/neutral) with the ruler of that particular house and according to the ownership of Saturn in the house of birth sign.

Saturn - Date wise Table of Sadesati

First Cycle

First Phase 06/06/2000 - 23/07/2002

Second Phase 23/07/2002 - 05/09/2004

Third Phase 05/09/2004 - 01/11/2006

Second Cycle

First Phase 08/08/2029 - 30/05/2032

Second Phase 30/05/2032 - 12/07/2034

Third Phase 08/07/2034 - 27/08/2036

Third Cycle

First Phase 22/03/2055 - 20/05/2057

Second Phase 12/07/2059 - 01/09/2061

Third Phase 01/09/2061 - 28/06/2064

Your first phase of Saade Saati begins with the transit of Saturn into the Taurus sign and remains such till transition into the Cancer sign. In the Gemini sign, Saturn remains in the eighth house while ruling the fate and fortune. In the first Dhaiya (two and half years)

Saturn remains in the Taurus sign of its friendly planet Venus, while maintaining impression on centre and the triangle. Being located in the Taurus sign, Saturn's eye fall on second, sixth and fate house. The second and sixth are the enemy houses of Saturn, but fate is his own house. In this position, you behave indecently, rudely and harshly. You face obstacles in your profession and the lack of funds cause you lag behind. The friends also betray you. During this period, you are not able to look after your children sympathetically and they suffer. You find failure in studies. You waste your time in roaming around aimlessly and indulging in new afflictions. There may be some throat disease due to irregularity in taking meals and you may also suffer from diseases related to stomach upset, indigestion, acidity and gas problems. There is discord with high officials, forcing you to find an opportunity to take revenge. At such a time you may also get transferred or demoted. The sight of Saturn on the second house affects the family state, which may cause discord and you feel mentally and physically upset with your family. You lose interest in religion and in any kind of religious performances. In such a situation, you may lose sentiments of love, affection and hospitality. This situation may cause some problems for maternals also. You may go away from home for earning money. You do not keep faith in anybody in business and the partners may betray you. The shortage of funds prevail and your spouse, particularly the daughters may have to face troubles. As Saturn is in the ninth house, you may have to go abroad.

After two and a half years (ONE DHAIYA), Saturns transits into the Gemini sign of Mercury. This begins the second phase of Saade Saati. During this period, Saturn's sight falls on the state of glory, age and profits. The sixteenth yog of Saturn comes into existence from the place of fortune. As a result, you try to improve your financial condition but do not succeed completely. You stroll around to find happiness but would not get rid of sickness and troubles. The location of Saturn in Lagna is harmful for both wealth and family. You find betrayal from friends. You develop interest in misdeeds and at times, make contacts with down graded people. There are greater possibility of meeting accident or you may get injured by falling down. If you are undergoing some studies, you find failure. During this period, you are unable to differentiate between good or bad/ own or

alien, as such a location of Saturn illusions your mind. Saturn's third sight affects the state of brothers. Even on being located in the friendly sign, there remains fear of dispute with the brothers and sisters and you keep an enemy like attitude towards them. You may be blessed with a son. If there is ANTA DASHA YOG, then only stupid and wicked people come in contact. You may achieve perfectness or specialisation on any specific subject. The profession related to darkness are beneficial to you. You may have to face opposition from eldest child. You should control your anger, otherwise may have to face disputes or enmity with higher authorities. There may be loss in travelling. Due to the sight of Saturn on seventh house, there may be delayed marriage or disputes/separation between husband and wife. You face loss and betrayal in the business of partnership, so the partnership in business is not advisable. There may arise opposition from parents. You always remain worried about your fortune. If you are a female, there are possibilities of miscarriage. You and your father may suffer from sickness and there is lackness in the delight from mothers side. Obstacles may arise in govt jobs and in earning fame. After two and a half years (One Dhaiya), you succeed in recovering your money, intelligence and happiness of your own and children. But there still remains bitterness in behaviour. You may succeed in earning money and reward in foreign countries. You should be careful while driving a vehicle. You remain a failure in the field of education. Your success turns into a failure. During this period, the down graded people, like servants help you. But you cannot avail even their help due to your nature.

After that, your third and last phase of Saade Saati begins with the transit of Saturn into the Cancer sign. In the third and the last phase, Saturn remains in the Cancer sign of its enemy planet Moon. This situation affects your family state. During this period, money is not saved and there remains ups and downs in business. There may be troubles for younger brothers and sisters or disputes among them. Your language turns harsh. You may acquire some throat disease. The third sight of Saturn affects the mothers state, which may cause friction in family and lackness in delight from mother. But you become very prompt and are respected in society and in friends circle. Though your enemies start loosing, they increase in number due to your harsh language. You keep on growing pious

and intelligent. In such a period, you may own a vehicle and the number of servants also increase. If you are a female there are possibilities of miscarriage and problems related to uterus. Mother and child both face distress but prodigality still prevails. The enemies face defeat and you may regain the lost and lended money. During this period, professions related to iron, darkness, oils, money and trading of articles related to Saturn, are very beneficial. For the remedy of sinner affects of Saturn, the following means may be applied in consultation with an able astrologer.

The complete period of Saturn's Saade Saati does not remain same. Its favourableness and unfavourableness depends upon the star under which Saturn is moving. The remedies for reducing the sinner effects of Saade Saati are based on Mantra, devotion, worship and donations. A thorough analysis of the horoscope is required in this regard, for the knowledge of remedies for reducing the harm. For the DOSH SHANTI, the following remedies may be adopted for lessening the sinner effects of Saade Saati. There are great possibilities of benefit, if these remedies are adopted prior to beginning of the Saade Saati :-

1. Lord Saturn should be worshipped and oil may be offered in temple on every Saturday.
2. In the evening, the following mantra of Saturn should be muttered for 108 times : "OM Sah Shanishcharai Namah" or "OM Sham Shanishchrai Namah".
3. Keep a fast for atleast 40 Saturdays. This fast should be started in the brighter half of the lunar month.
4. A mustard oil lamp should be lighted under a peepal tree.
5. Iron, black collyrium(kala surma), mustard oil, leather shoes, black cloth, liquor, black urd dal etc. should be donated on Saturday.
6. A ring made up of black horse shoe or nail of the boat or blue sapphire should be worn.
7. Serve the people of low birth or give donations to them.
8. Liquor or meat should not be consumed on Saturday.
9. The black collyrium (kala surma), should be put under earth, on Saturday.

10. The Almonds and coconut should be caused to flow in the river or running water, on Saturday.
11. Do not drink milk on Saturday night.

Though these remedies have been described, yet they should not be adopted by self. An able and learned astrologer should be consulted prior to applying these remedies. If these remedies are adopted properly and well in time, then the results of Saade Saati are not so sinister and adverse in effect, as they are told to be.